



Wellness Coach Program Recertification

Recertification Application for Certified Wellness Coach

- Submit this completed application, documentation of continuing education, documentation of practice hours and renewal certification fee of \$100 payable to Mayo Clinic.

Payment

Mail check along with your recertification application form to address below:

Mayo Clinic

Nicotine Education Program
 Colonial Building 3-10
 200 First Street SW
 Rochester, MN 55905

Application Information *(please print or type)*

Certification Course ID Number		Original Course Dates	
Name <i>(First, Middle, Last)</i>			
Street Address			
City	State	ZIP Code	Country
Email			
Phone			

Documentation of Continuing Education/Practice Hours - Renewal Requirements

During the three-year period that participants are certified, they will be required to provide documentation showing 30 hours of continuing education. Documentation (certificates of attendance) will be required.

Up to 30 (but at least 15) of these hours must be for actual continuing education that you attended (facilitating a course does not count). The other 15 hours may be practice hour related. In other words, for renewal purposes only, each one-on-one coaching interaction you have with a client will count as one hour of continuing education. Up to 15 of these hours may be used to fulfill the 30-hour continuing education requirement.

Continuing education hours include completed coursework/workshops relating to counseling, psychology, coaching, or health behavior change. Education that is specific to a “specialty” area, such as sleep, nutrition, weight management, diabetes, etc., is also acceptable.

Participants may also be asked to provide goals, objectives and information about the facilitator/speaker for any educational event that they submit for consideration. Coursework that would not be accepted includes topics unrelated to coaching and/or health, such as animal sciences, engineering, math, statistics, chemistry, etc.

